In honor of National Nutrition Month

Healthy School Lunch Challenge

Color Your Tray

Elementary and Middle School

Requirements

Create a recipe that yields 5 servings.
Meals must be designed to be replicated in school cafeterias.

The recipe MUST include a fruit and/or a vegetable, a lean protein, and a whole grain. Extra points for using March's local vegetable and/or fruit of the month, applesauce and peas.
Cannot include fish, seafood, peanuts, or treenuts*
Submit recipe and photo of plated meal by Tuesday, January 19, 2027 using the QR code







Each category will have two grand prize winners and one super grand prize winner

Pre-K through 8th grade Grand Prize Winners receive:

- **A banner for their school**
- **Their winning meal featured on the menu**

Pre-K through 8th grade Super Grand Prize Winners receive:

- **A KitchenAid mixer with pasta attachment**
- **A banner for their school**
- **Their winning meal featured on the menu**

Group entries will not be permitted

Scan here to submit your recipe

Submissions will be judged in three grade categories:

Pre-K - 5th grade
6th grade - 8th grade
9th grade - 12th grade

***If recipe contains sesame and school district does not allow sesame, ingredient will be substituted**

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High School



Requirements

Create a recipe that yields 5 servings.
Meals must be designed to be replicated in school cafeterias.

The recipe **MUST** include a fruit and/or a vegetable, a lean protein, and a whole grain. Extra points for using March's local vegetable and/or fruit of the month, applesauce and peas.
Cannot include fish, seafood, peanuts, or treenuts*
Submit recipe and photo of plated meal by Tuesday, January 19, 2027 using the QR code

Each category will have two grand prize winners and one super grand prize winner

Group entries will not be permitted

9th through 12th grade Grand Prize Winners receive:

- $400
- A banner for their school
- Their winning meal featured on the menu

9th through 12th grade Super Grand Prize Winner receives:

- $1,000
- A banner for their school
- Their winning meal featured on the menu

Scan here to submit your recipe

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High School Cook-Off Competition



2026 Cook-Off Contestants





This is a great college application builder!

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High school students with the top 3 submissions will compete in a cooking competition at Driscoll Foods in their professional kitchen. Students will cook their dish with a Pomptonian chef. The cooking competition will take place on Friday, February 5, 2027 starting at 8:30am.

Applicants must be available the day of filming from 8:30am to 2:30pm to qualify to win. Please note, a parent, guardian, or chaperone must accompany you to this event.

We will film and share this challenge on our social media platforms and with the school districts we serve. High school chefs will have 2 hours to cook their meal on the day of filming.

Scan here to submit your recipe

Group entries will not be permitted

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Tips for uploading photos and videos

Uploading/sharing videos can be tricky due to the size of the files. If you're having trouble, here are some methods you can try:



1. If your file is too large to send, you may want to trim down the length (time) of your video.

2. If you have a Google account, try to submit your photos and videos using Google Drive. The uploads folder can be found at the end of our recipe submission form.

3. Upload your video to YouTube. Uploads can be published as "unlisted" videos, so only those with the link can view. Make sure to send us the link to view your video!

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